28th September 68

Dear Robert,

This is writen Longitude 29°W and Latitude 19° S, about 85 miles North of Trinidad Island. As I did not meet any ship since the Canaries Islands and could not approch any there, I hope this few lines will join you.

Life is still beautiful at sea... what else to say? I do not know! At sea, life is so different than on shore, that it is difficult to write about it: the sun rises, the sun culminates, then the sun sets, and one day pushes the other nicely and softly.

My physical (healthy) condition is OK and I don't think I lost any weath ("poids" in french). Here are my weakly positions, so that you can plot them in the charts:

29 th August:	Latit	ude	35°39'	Lon	gitu	de 14°10'
5 September	Latit	ude	20°52'	Lon	gitu	de 19°17
12 September	"	"	11°31North	"	"	20°09
19 September	"	"	0°54' South	"	"	20°44'
26 September	"	"	14°43	"	"	27°36

I met very variable and light winds since the 26th of September and that is why my position is not far today. I also met long periods of light and variable winds between 16° and 5° North.

(28th September)

My 2 best week runs (from noon to noon) was 1.024 miles between the 22 and 29th August, and 1.064 miles between the 20th and the 26th September.

The other week runs were:

951 miles between 30th August and 5 September

718 miles " 6 September and 12th September

880 miles " 13 and 19 September

(every week is 7 days of course) from Friday to Thursday

What else to say? I don't know!

I am reading lots of very good books, that is one good thing at sea, you have time to read well and to think about what you read. I read again the Jungle book from Kipling (that is about the 50th time I read this book since I am a little boy) and every time I like it more. This probably means that "je retombe en enfance" (I don't know how to translate this in English).

I will try to drop this to some fishing boat in the vicinity of Trinidad Island.

Regards

Bernard.